

# Professional Portfolio Tab C

Once you have completed this assignment, upload it to your training platform to be reviewed by the trainer. Type directly in this form, save, and then upload it directly into your training. Mobile device users may find that a screen shot of their work is easier to upload.

## RC 1-2 Weekly Menu

**Directions:** Fill in the one-week menu for the age group which you are applying for the CDA Credential. In order to complete your related Reflective Competency Statement on this topic, the menu would ideally be one that you have participated in serving to and/or designing for children

Indicate the age group (preschool) (infant or toddler) or (mixed-age family child care) which the menu is intended.



Be sure to save this assignment to print off and include in your Professional Portfolio under Tab C.

*Make sure that you scroll down and complete the second part of this assignment.*

Weekly Menu					
<b>* Attention *</b> The age group <b>must match</b> the setting which you are applying for your CDA Credential (infant/toddler, preschool, or birth-5 for family childcare)					
<b>Age Group:</b>					
	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast					
Lunch					
Snack					



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### CS I a Sample Menu (from RC I-2)

Reflect on the sample menu for *Resource Collection I-2* that you participated in serving and/or designing: If you designed the menu, how does it reflect your commitment to children's nutritional needs? If you served the menu but did not design it, what are its strengths and/or what would you change?

