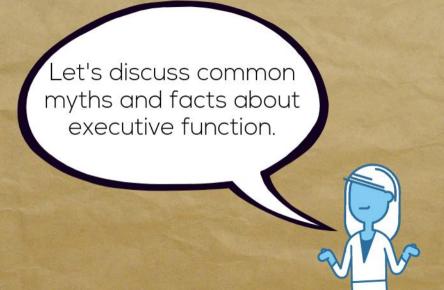
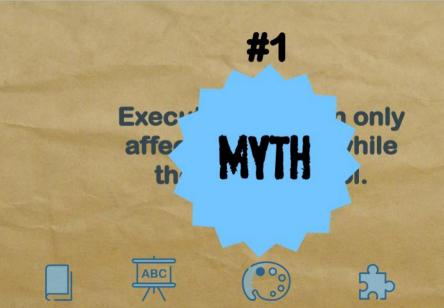
Executive Function







Executive function not only affects schoolwork and school life but it also affects daily routines, interactions, and planning. All of the skills needed to do simple things such as getting dressed to more complex things such as make a model of the White House take executive function skills.











A person confunction ch



e executive ey also have





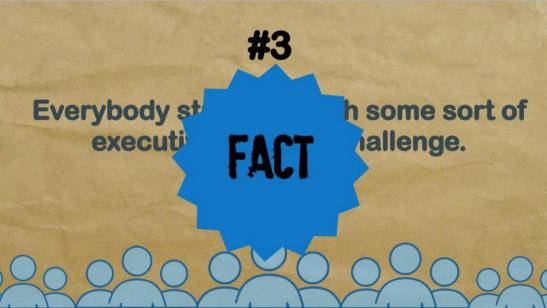


While these two disorders do sometimes occur together, having one does not indicate that the other will exist.









Believe it or not, we all suffer from executive function challenges at some point. Examples of this include forgetting our keys, being unorganized, or having a hard time adapting to change.

Executive fur ders occur in the US more MYTH ders occur in

Executive function disorder has nothing to do with geographical location, societal pressure, or country of residence.



There's not mexecutive

MYTH

n be done for allenges.

There are many strategies that can help to manage executive function challenges. Some people use checklists, visual cues, timers, speech dictation and more!



Before you settle for believing myths about executive function, do some research from reputable sources! You will be surprised at what you will learn!

